



*Apple Tree Preschool  
& Learning Center*

**Week One Menu**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b>				
Cereal	Hot Cereal	Scrambled Eggs	Cereal	Pancakes w/ Syrup
Toast	Toast	Toast	Toast	
Milk	Milk	Milk	Milk	Milk
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
<b>AM Snack</b>				
Ritz Crackers w/ Peanut Butter	Cereal	Graham Crackers	Animal Crackers	Peanut Butter Toast Triangles
	Banana Slices	Orange Smiles	Raisins	
Water	Water	Water	Water	Water
<b>Lunch</b>				
Cheese Sandwich	Macaroni & Cheese	Spaghetti w/ Meat Sauce	Chicken Nuggets	Loose Meats
Chicken Noodle Soup Crackers	Green Beans	Peas	Mashed Potatoes & Carrots w/ Ranch	Tator Tots
Peaches	Applesauce	Pineapple	Pears	Applesauce
Milk	Milk	Milk	Milk	Milk
<b>PM Snack</b>				
Pretzel Twists w/ cheese dip	Vanilla Wafers	“Gold Fishing” (gold fish/peanut butter/pretzel sticks)	Apple Slices	Seasoned Oyster Crackers & Cheese
			Animal Crackers	
Water	100% Fruit Juice	Water	Water	Water