



Average Daily Schedule 2 – 5 Year Olds

6:30 – 8:45	Child Selected Activities/Groups
8:45 – 9:15	Snack/Bathroom
9:15 – 9:50	Lesson Plan Activities/Center/Listening Comprehension Skills Development
9:50 – 10:25	Project
10:25 – 10:50	Outside
10:50 – 11:20	Lunch
11:20 – 12:00	Quiet Activities
12:00 – 12:30	Bathroom/Nap Preparation
12:30 – 2:30	Nap Time
2:30 – 3:05	Child Selected Activities (focusing on small motor skills – eye/hand coordination)
3:05 – 3:25	Snack
3:25 – 4:05	Outside
4:05 – 4:30	Music and Movement
4:30 – 5:15	Centers/Group Activities
5:15 – 6:00	Child Selected Activities

