



Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast				
Cereal Toast Milk 100% Juice	Oatmeal Toast Milk 100% Juice	Scrambled Eggs Toast Milk 100% Juice	Cereal Toast Milk 100% Juice	Pancakes with Syrup Mandarin Oranges Milk 100% Juice
AM Snack				
Buttery Rounds With Peanut Butter Water	Cinnamon Life Banana Slices Water	Graham Crackers Orange Slices Water	Animal Crackers Raisins Water	Grape Jelly Toast Triangles Water
Lunch				
Cheese Sandwich on White Bread Chicken Noodle Soup w/ Crackers Peaches Milk	Macaroni and Cheese Green Beans Applesauce Milk	Goulash Peas Pineapple Milk	Chicken Nuggets Mashed Potatoes Carrots w/ Ranch Fruit Cocktail Milk	Homemade Pepperoni Pizza Tossed Lettuce Salad Applesauce Milk
PM Snack				
Vanilla Wafers Banana Slices Water	Buttery Smooth Crackers Cheese Water	Goldfish Crackers w/ Peanut Butter and Pretzel Sticks Water	Cheez Itz Apple Slices Water	Pretzel Twists Cheese Dip Water